




In order to provide for participant, volunteer and spectator safety, the following rules will apply to athletes with disabilities (AWD) who wish to participate in these events using self-propelled wheelchairs.

- All self-propelled wheelchair athletes must wear a protective helmet. Only helmets that are ANSI, CEN, ASTM, CPSC, Australian, Canadian or SNELL certified, without modification, will be accepted. The helmet must be worn for the duration of the race with the chin-strap fastened.
- All wheelchairs must be structurally sound (i.e., no cracks in the frame or welds, no loose or missing spokes, etc.). The athlete must be securely seated in the wheelchair and remain so while racing. Because of the nature of the race course, with many sharp turns, only rigid-frame wheelchairs will be permitted. Self-propelled wheelchairs that are collapsible ('hospital-style') will not be allowed to participate in the event.
- All wheelchair athletes competing in the event must check-in with the Start Line Coordinator with the wheelchair they will use in the race no later than one-half hour before the start of the race to ensure that the chair meets the event safety requirements. The decision of the Start Line Coordinator is final.
- In accordance with International Paralympic Committee (IPC) rules, hand-cycles, hand-bikes, hand-cranks, or other gear- or lever- driven devices will be permitted in the event who are ambulatory disabled and who contact the race director directly with a request and proof of disability. Participants participating in the hand-cycle and hand-crank division are not eligible for age group or over-all awards.
- All wheelchair athletes must be able to maintain control of their wheelchair at all times. Race officials may immediately and without warning disqualify from the event and remove from the course any wheelchair athlete whose racing style is considered by such official to be dangerous, to interfere with other participants, or to fail to yield the right of way to other participants or volunteers.
- Strollers or baby-joggers with children are not allowed in any of the races.
- Where a Participant with disabilities in a wheelchair is to be pushed by an able-bodied participant, both participants must be officially registered, and must start at the back of the field. The participant with disabilities in a wheelchair being pushed by an able-bodied participant is urged to wear a protective helmet and must at all times yield the right of way to other participants.
- The participant with disabilities in a wheelchair being pushed by an able-bodied participant must use a rigid-frame wheelchair. Collapsible 'Hospital Style' wheelchairs will NOT be allowed to start the event. The participant with disabilities in a wheelchair being pushed by an able-bodied participant is not eligible for awards.
- Able-bodied participants are not eligible to compete in the wheelchair division.
- Due to the specific circumstances and safety concerns of each individual event, some rules and regulations within these official guidelines can be adjusted or removed for specific reasons at the Race Directors discretion.



The process for Athletes with Disabilities on race morning will be executed accordingly to the plan below:

- AWD Gear Check services are located in the tents along Young St. between Akard and Ervay.
- AWD Athletes should report to the Start Line for inspection no later than 08:00AM.
- AWD Athletes can access the Start Line by traveling on southbound Akard and loading in at Marilla. A security guard and Start Line Manager will be present to grant entry to the Start Line.
- AWD Start Line Load-in Route: 

## SUNDAY DEC 15TH - EVENT DETAILS

